

Building on Our Knowledge and Skills

Development of knowledge and skills and professional practice overall is an evolutionary process that takes time, commitment, patience, and practice. The payoff for ongoing practice improvement is more effective use of time, improved outcomes, and increased client and practitioner satisfaction.

- A personal commitment to ongoing professional growth and competency.
- Identifying and eliminating what is not useful or effective in my practice.
- Identifying gaps in my knowledge and skills.
- Trying out new knowledge and skills.
- Accepting that I am not yet perfect and will likely make mistakes.
- Being patient with my professional development process.
- Identifying what new knowledge and skills look like on a specific behavioral level.
- Practicing my new skills.
- Improving in small steps.
- Learning from the experience of others.
- Identifying and using supports.
- Owning and celebrating my successes.